Team Building

This is a 1-day course helps you understand your current team situation; identify your goals and the contribution of team members to reach those goals.

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| **Who should attend?**  Any team of individuals, that work together or work cross-functionally.  **Course Benefits**  By the end of this team building course the team will be able to appreciate team skills and dynamics; identify and develop personal skills to become a more effective team member; establish effective team processes; improve communication and demonstrate skills that help you to implement effective changes in the workplace.  **Programme Content**  **Team Health**  This is delivered initially as pre-course work and forms the basis of the training. It helps you focus on key areas of development within your team.  **Purpose & direction of the team**  Helping the team develop a clear understanding of what it is they are trying to achieve whilst focusing on further team improvements. | **Team Leadership**  Sensitively looks at the issue of leadership within the team and what can be done to improve this area. Also highlights the importance of supporting the leaders of the team through honesty and strong communication.  **Understanding Team Differences**  Helping the team to value team difference and learn how to make the most of the skills, abilities and styles. It specifically highlights what individuals are willing to work towards for the betterment of the team.  **Team Processes**  Identifying the important team processes, where there can be improvements and what can be done to ensure that processes are working for the team rather than the other way round.  **Team Communication**  A challenging activity that helps the team focus on the importance of everyone having input, being heard and being open and honest. There is also a review of key communication skills and what makes for positive communication.  **Relationships**  A summarising session that works to apply the outputs from the day into actionable statements that the participants commit to. | **Contact information**  **Jeanette Lonsdale**  **HR Consultant**  **First Call HR**  **Tel: +44 (0)7917 333999**  **Tel: +44 (0)1295 720988**  **Email: jeanette@firstcallhr.com** |